

Mediterranean Heaven

The best "go to" lunch. Light yet filling and satisfying. it is delicious, healthy, quick and easy to make.



Ingredients:

1 slice	Toasted bread (sourdough or wheat)
½ cup	Cooked shredded chicken
¼ cup	Steamed spinach
1 tbsp	Feta cheese

Pinch	Oregano
Pinch	Dill
Dash	Pepper
Drizzle	Extra Virgin Olive Oil
Squeeze	Lemon

Directions:

1. Layer all the above ingredients in the listed order.
2. Enjoy!